



Dear Leonia Swim Team Parents/Guardians:

Thank you for your interest in our 2022 swim team program. Leonia Swim Team is a non-profit organization that has been a long-standing Leonia tradition.

The season begins after the end of school (June 24) and continues until the end of July (*for selected swimmers, will extend through the first week of August*). The swim team is open to swimmers ages 5-17 who are members of the Leonia Swim Club.

Leonia is part of the Bergen Six competitive league. Thus, participation in the swim team will include daily morning practice and swim meets.

Below you will find information that will assist with swim team registration. Any questions, please feel free to contact us at leoniaswimteam@gmail.com

Looking forward to a Great 2022 Summer Season! GO LIONS!

Leonia Swim Team Parents Association

www.leoniaswimteam.com

Join REMIND for important updates:

@Leoniasum For Text [send to 81010](tel:81010)

REQUIREMENTS

All swimmers ages 5 to 17 **must** be members of the Leonia Swim Club to register.

(The Leonia Swim Club offers a discounted membership for Leonia High School Students – Contact the Recreation Center for details)

Swimmers must know how to swim independently from one end of the pool to another in **12 feet** of water. There will be no exceptions. We will not be running any try-out sessions, everyone that signs up will automatically be on the team. **BUT** if coaches see that a child is not ready, the swimmer will be unable to join our team. We must enforce this rule for your child's safety. Swim team is NOT swimming lessons.

AGE GROUPS and SWIMMING ABILITY REQUIREMENTS

5/6	Must be able to swim independently across the shallow end of the pool.
7/8	Must be able to swim 25 meters freestyle competently
9/10	Must be able to dive off the block & competently swim 25 meters freestyle and 25 meters of one other competitive stroke. (breast, back, butterfly)
11/17	Must be able to dive off the block & competently swim 50 meters freestyle and 50 meters of one other competitive stroke.

MEMBERSHIP FEES

\$100 for one swimmer. (Unfortunately, due to a price increase from our insurance company fees had to be raised)

Family plan: \$100 for the first child, \$70 for the second, and \$60 for third and up.

IMPORTANT DATES

***Sunday, June 5** (8:30am-11:00am)

- Swim team registration @ Leonia Swim Club
- Uniform, Swim Gear & Spirit Wear sale

***Monday, June 6** (Evening- time TBD)

- Last chance to order uniforms. This will be your last chance to purchase an official Leonia Swim Team uniform
- Swim Gear & Spirit Wear sale

***Saturday, June 11** (8:00am-10:00am)

8:00 am

- Second chance to submit registration paperwork
- Last in person Spirit Wear sale

9:00 am

- First practice for all swimmers
- Mandatory parent meeting in the concession area

***Saturday, June 18** (9:00am-10:00am)

- Practice for all swimmers (weather permitting)

***Monday, June 27** (8:30am-9:30am)

- Official practices begin for 7-17 yrs olds

***Tuesday, June 28** (8:30am-9:30am)

- Official practices begin for 5-6 yrs olds

***Team Fundraising Event** (date TBD)

***Friday, July 29** (tentative date)

- Last day of practice for all ages who are not in NJPMA County Championship Meet

***End of Season Party** - (tentative dates July 31 or Aug 6)

PRACTICE SCHEDULE

ALL PRACTICES 8:30 AM - 9:30 AM

Evening Practices / Dryland will be available for all ages -

Days & Times TBD

5/6	TUESDAY & THURSDAY
7/8	MONDAY, WEDNESDAY & FRIDAY
9/10	MONDAY - FRIDAY
11/17	MONDAY - FRIDAY

MEET SCHEDULE

We have not received the final meet schedule. Once the League provides us with the schedule, it will be posted on our website: www.leoniaswimteam.com

Plan ahead for one Wednesday evening meet and one Saturday morning meet for all the weeks of July. We cannot predict the duration of each meet but plan on 3-4 hours. Your time commitment is crucial to the success of the season and it is important that you inform your coaches well in advance of travel plans.

UNIFORMS/SPIRITWEAR

Uniforms - Our original swimsuits have been discontinued. A new brand will be available to purchase June 5th during sign up & June 6th in the evening (time TBD) at the Leonia Swim Club.

Caps will be available to purchase throughout the whole season.

Spirit Wear - can be purchased June 5th during sign up, June 6th in the evening (time TBD) & June 11th during parents meeting at the Leonia Swim Club.

Swim gear (Bags, Towels, Parkas, Goggles & any non team summer swim item) will be available All Year Round online.

<https://www.swimoutlet.com/collections/leoniaswimteam?rfsn=5978919.8ea1b68>

WHAT TO EXPECT AT PARENT MEETING

On June 11th, the day of our first practice, there will be a mandatory meeting for parents. We will discuss important information about the upcoming season and will be available to answer questions. Learn more about becoming a parent volunteer, and how you can help our swimmers have an amazing season!

As in past years, the swim team leans on your involvement to ensure a safe, successful season. To equally share the duties and responsibilities of running and participating in the swim meets, we rely on each family to contribute time to one of the necessary tasks. Information on how you can volunteer and help support the team will be discussed at the Parent Meeting.

VOLUNTEERS NEEDED

Please consider volunteering to help with Snack Bar, Timers, Runners, and ScoreKeepers. It takes a village to run Swim Team and we cannot do it without you! We will post volunteer sign up sheets on our website at www.leoniaswimteam.com

POLICIES

*Every swimmer must attend at least one practice during the week to be eligible to compete in the Swim Meets.

*Coaches will determine which event(s) a child enters during Swim Meets primarily based on, but not limited to, their recorded times. Coaches will also take into account overall team strength in certain strokes; number of events a swimmer can participate in; and the need to have swimmers available for relay teams, among other considerations.

*Parents should not discuss nor try to influence the decisions of the coaches as to who swims what events at the Swim Meets.

*Ribbons will be awarded to all "heat 1" winners. Participant ribbons will be given for all other heat swimmers.

RESPONSIBILITIES OF SWIM TEAM PARENTS

*One Parent of children ages 5 – 9 must be at the pool during practice. If you are unable to do so, please arrange for another adult, not another swim team member or coach, to look after your child.

*Parents are responsible for transporting swimmers to and from Swim Meets. Directions to all pools that we will visit will be posted on our website and included in a reminder email the night before..

*Parents will be asked to donate baked goods, fruit, and healthy snacks to be sold at our Snack Bar during home meets. This is one of our biggest fundraisers each year, and the proceeds go right back to our children, and help pay league fees and our coaches. Volunteers are always needed at the Snack Bar, feel free during a meet to walk over and offer to help out.

*To eliminate confusion, and to give our coaches the space that they need so that they can concentrate, parents are **not permitted** on the deck (area by the diving blocks) or in the swimmer's waiting area during all Swim Meets. Please make sure your child knows that they must stay in their assigned areas so that they do not miss their turn to compete. If a coach cannot find your child at their assigned time to swim, they will be eliminated from the event. It is not the coaches' job to run around the swim club looking for individual swimmers.

RESPONSIBILITIES OF TEAM SWIMMERS

*Swimmers are to come to practices and Swim Meets on time.

*Bring sweatshirts, sweatpants, and towels to practices and meets. Please have your name on everything to prevent loss or mix up.

*Notify coaches, **at least 2 days before a meet** if your child will not be attending. Please provide vacation dates to your coaches. Not showing up for a scheduled meet could disqualify you from participating in the next meet. It takes a lot of work and planning to set up the meet line up. Last minute changes and no shows, cause additional work on the coaches and meet coordinator. It also takes a spot away from a swimmer that could have swam that event.

*During a meet, you **must** stay in the designated area for Leonia swimmers. Each swimmer is responsible to be prepared for his/her event at Swim Meets.

***TEAM SPIRIT-** all swimmers should support fellow teammates and remain at a meet until the end. We need to show our competitors that we have the best team spirit in the league. GOOD SPORTSMANSHIP!

LEONIA SWIM TEAM SPONSOR FORM

Please support the Leonia Swim Team by being a sponsor. This can be easily done with a tax-deductible donation of \$100.00.

Sponsor Name: _____

Name of Organization/Business: _____

Address: _____

Phone: _____

cash / venmo / check # _____

2022 LEONIA SWIM TEAM REGISTRATION FORM

ALL SWIM TEAM PARTICIPANTS MUST BE MEMBERS OF THE LEONIA SWIM CLUB (One form per family)

<u>LAST NAME</u>	<u>FIRST NAME</u>	<u>DATE OF BIRTH</u>	<u>Age as of May 31</u>	<u>Gender</u>
				M/F
				M/F
				M/F
				M/F

Home Address: _____

Home Phone: _____

Parent / Guardian's Full Name and Contact Information

Mother/Guardian Name:	Father/Guardian Name:
Cell #:	Cell # :
Email:	Email:

Emergency Contact

Name:	Phone Number:
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Medical Conditions (**MUST BE FILLED IN**) If no conditions, state "none"

Fee Information:

\$100 first swimmer \$70 second swimmer \$60 third and or more swimmers

CHECK - payable to: "Leonia Swim Team".

OR

VENMO - @leoniaswim 4 digits: 0482

Please note your child/childrens' name when submitting payment. Forms can be submitted after payment to: leoniaswimteam@gmail.com or during the in person sign up date.

Signature _____

RELEASE FORM

SWIMMER(S) NAME:

Periodically, pictures (without names) taken at swim team events will be posted on the swim team's website, social media, or may appear in newspaper articles. If you **DO NOT** want your child/children's picture to appear, please initial here: _____

_____ I give permission for my child/children listed above to participate on the Leonia Swim Team

Parent/Guardian's Signature

Date